Artists in Schools – 1st workshop with Ms Sabrina Chou

Last Wednesday at LOTE we had a Chinese dance session with the artist Sabrina. The workshop is relating to our performance ‘The Monkey King’. We did Taichi, ribbon dancing and lion dancing.

In Taichi, Sabrina explained the history and different moves. We combined all moves and made a dance. In ribbon dance we again learned the history and moves. We danced with the light ribbons to music. Last of all, we did a lion dance. It was a lot of fun and we were all tired after all the dancing. I can’t wait till next time.

By Kathryn 6JA

I enjoyed doing lots of poses with Sabrina like crane, monkey and cutting a water melon! We also learned some Taichi moves and then we did some ribbon dancing. It was a lot of fun.

By Rusal 5MP

I learnt basic Taichi moves, Ribbon Dance and a Kung Fu Panda dance. In Ribbon Dance, Sabrina taught us sophisticated moves. I look forward to learning the awesome Kung Fu Fan dance.

By Pranav 5MP

I really enjoyed the session and I had a lot of fun, except for the fact that I got a shorter ribbon than the rest during the ribbon dance. I liked the dancing and I learnt a lot about the history of those classical Chinese dances. I like the way these classical techniques were given a more contemporary touch with modern, upbeat music. The elements blended easily and it becomes a dancing style that appeals more to people like us.

By Yijie 6RL