

Food Service Policy

(Ratified by School Council: March 2024)

PURPOSE:

This policy promotes and encourages healthy food choices to the students and the wider community. The lunch food service is outsourced to a local business providing safe, nutritious foods and promoting healthy eating.

GUIDELINES:

- All students will be invited to consume **Brain Food** at approximately 10:00am each morning. Teachers will articulate and monitor that Brain Food consists of fruit and vegetable options brought from home.
- The school purchases a small quantity of fruit each week for student consumption to supplement the brain food requirement – we do not purchase enough for each child to have every day.
- Students are encouraged to have a water bottle in the classroom, sweet drinks and sodas are not appropriate for school.
- Students will be encouraged to bring healthy food choices to school for morning tea and lunch, sweet foods and confectionary should be saved for consumption at home.
- Families will be able to order lunch through an external provider connected with the school. These lunches will be delivered to the school site.
- Any off-site food service provider that supplies the school lunch service, will demonstrate that food is prepared in accordance with the Victorian Food Act 1984.
- Menu items will reflect the Australian Dietary Guidelines for Children and Adolescents as approved by the Principal
- Orders lodged, and payments made to any external lunch service provider are independent transactions and not connected with the school in any way.

IMPLEMENTATION:

- Teachers will monitor food choices brought to school and will encourage students to bring fruit and/or vegetables for brain food, and 'Healthy Food Choices' for morning tea and lunch.
- A link to an external food provider will be on the website for families to access and order lunch to be delivered to school.
- Lunches will be delivered to the staffroom, where teachers and students can organise collection at 1:30pm.

RELATED LEGISLATION:

- Section 2.3.5 of the Education and Training Reform Act 2006
- Food (Amendment) Act 2001 – Act No. 14
- National Food Safety Standards

RELATED POLICIES:

- Management of Food and Allergies Policy

POLICY EVALUATION:

Evaluation will be conducted every two years by the Education Committee (School Council).

DUE DATE FOR REVIEW:

Due for review in March 2026